



SWARTHMORE RECREATION ASSOCIATION

Established 1940

Swarthmore Recreation Association is dedicated to providing quality, inclusive recreational programs for all ages and abilities. Recreation creates a stronger, connected community and a love of healthy activity. Programs grow from the people we serve.



something for everyone – every season

SWARTHMORE RECREATION ASSOCIATION

Linda McCullough
Executive Director
P.O. Box 235
Swarthmore, PA 19081-0235

Nika Haase, Program Coordinator

SwarthmoreRecreation.org

FINANCIAL AID

Financial aid is available.
Contact Linda McCullough at lindamccullough17@gmail.com or leave a message on the voice mail 610-715-0647 prior to registering.

SRA TAX ID NUMBER: 23-6005663

CONCUSSION POLICY

All Swarthmore Recreation Association (SRA) coaches, parents, and players are encouraged to educate themselves on the signs and symptoms of a concussion and actively manage an athlete who may be at risk for having suffered a concussion.

We encourage parents and coaches to watch the video on our Soccer Website to learn more.

Prior to each season, all SRA coaches will be provided resources from the Centers for Disease Control (CDC) program "Heads Up: Concussion in Youth Sports."

Volunteer Coach Background Checks

Pennsylvania law mandates that certain individuals who work or volunteer with children are required to obtain up to three clearances from state or federal agencies. These include:

Pennsylvania Child Abuse History Clearance
Pennsylvania State Police Criminal Record Check
FBI Criminal Background Check

SRA is requiring ALL current or prospective volunteer coaches to undergo the background checks in order to become eligible for volunteer opportunities.

These checks, which will be good for five years, can be completed online for free.

Eastern Pennsylvania Youth Soccer has an easy-to-understand graphic about the required checks:

http://www.epysa.org/membership/pa_child_protection_laws__clearances/

You may also learn more by visiting the state website:

<http://keepkidssafe.pa.gov/clearances/>

Volunteers are the lifeblood of SRA.

Please take the time to complete this important process.

NETHER SWARTHMORE HOOPS

EST. 2013

Youth Basketball Program November 11, 2017 – February 25, 2018

Nether Swarthmore Hoops is a joint organization combining SRA's traditional strength in developmental programs for younger kids and NPAA's history of serving recreational players all the way through high school. In the fourth year of our merger, Nether Swarthmore Hoops Youth Basketball Program offers opportunities for boys and girls grades K - 12 to develop skills and a love of a game that can last a lifetime.

Online Registration: OPENS OCTOBER 26 - NOVEMBER 18

(A \$25 Late Fee will apply after November 18)

The Scoop on NSHoops:

- Teams will have one practice during the week and a game on Saturday or Sunday
- The regular season will last 8 weeks with playoffs
- K-1 is a clinic style program only on Sundays
- Playoffs will be **February 10-11, 24-25**
- Tournament Team Evals on Saturday, Nov. 18
- Team placement evaluations will take place on Saturday, November 11 for grades 4-9
- Team selection by blind draft
- Practices will begin on Monday, November 27
- Teams will play or practice game on Dec. 2-3
- No games February 16-19; schools closed
- Teams will be coached by Volunteer parents
- Program held at SRS, SHMS, CADES, NPE, WES

Commissioners

Co-Ed	Grade K - 1	Amy Brown
Girls	Grades 2 - 3	Khai Dao
Girls	Grades 4 - 5	Chris Likely
Girls	Grades 6 - 7	Angelo Foca
Girls	Grades 8 - 10	Angelo Foca

Boys	Grades 2 - 3	Brian Hogg
Boys	Grades 4 - 5	Sean Mahoney
Boys	Grades 6 - 7	Kelly Evans
Boys	Grades 8 - 9	Ben Blackburn
Boys	Grades 10 - 12	John Mansor

All volunteer coaches must complete the PA Criminal Background Checks to be eligible to coach in SRA programs. Commissioners are responsible for helping draft the teams, schedule the practices and help with communication to coaches.



Co-ed K-1 Developmental Hoops

Sundays 3pm, 4pm or 5pm, 7 weeks

December 3, 10, 17

January 7, 14, 21, 28

Clinic style program to teach children basic basketball skills of dribbling, passing, shooting and defense.

Girls & Boys Grades 2 - 3

Saturday and/or Sunday games

One weekly one hour practice, 8 weeks

December 2/3, 9/10, 16/17

January 6/7, 13/14, 20/21, 27/28

February 3/4

Girls & Boys Grades 4 - 5

Girls & Boys Grades 6 - 7 and 8 - 10*

Boys Grades 8 - 9

Boys Grades 10 - 12 (no varsity)

December 2 thru February 25

Saturday and/or Sunday games, one weekly practice, 8 weeks plus playoffs February 10/11 and 24/25

* Girls Grades 6 - 10 depending on registration numbers, this league might be 6-7, 8-9 or 9-10 if we have enough girls registered to form 4 teams in each group. Girls teams 6th grade and up might play in Aston or Springfield league depending on registration.

Nether Swarthmore Hoops Registration

New! ONLINE TEAMSNAPE REGISTRATION October 26 - November 18

\$80 grades K - 1

\$100 grades 2 - 12

Includes a \$10 Custodial Fee to cover the
WSSD required custodian on duty

**No Late Registrations Without
Commissioner Approval**
A Late Fee of \$25 after November 18th
Financial Aid is also available for any family.
Contact Linda McCullough

WE NEED COACHING VOLUNTEERS!

NS Hoops is a volunteer parent run organization and we will need parents to volunteer to be Commissioner, Head Coach, Assistant Coach, help at practices, and run the timer during games. When you register online, you will be prompted to choose a volunteer position. All coaches will need to go through the State PA Background Checks for volunteers.

Travel Basketball Teams

NS Hoops is organizing Travel Teams for the 2017-18 season. Evaluations will be held in Saturday, November 18 and depending on the number of players interested, teams will be created for U9-U12 or for Grades 4-7.

Players selected for a travel team are required to participate on their League Recreation team with an additional practice one night a week with the travel team. Travel teams will participate in at least 2 local tournaments.

There is no cost for evaluations although an additional fee of \$145 will be required for travel team players.

The goal is to provide advanced basketball training to more serious players and prepare players for middle school and high school level competition.

This is a competitive program in addition to the rec league.

New! TeamSnap Registration

SRA will be using TeamSnap Online Registration this year which has lower admin fees and will allow coaches to organize teams and better communication.

Please use this link to register for GRADES 2-12
<https://go.teamsnap.com/forms/89499>

Please use this link to register for Developmental K-1
<https://go.teamsnap.com/forms/89568>

Note:

1. The first email you enter will be the email used for all team communication.
2. You must enter all required fields with the red asterisk to continue to check out.
3. Only credit cards are accepted.
4. You can request two installment payments.
5. Financial Scholarships are available!
6. Special Note about PRACTICES - you will be asked to enter a maximum of two nights your child CANNOT PRACTICE. Practices will be Monday thru Friday and we will do our best to accommodate conflicts.

SNOW DAYS

If school is closed because of snow or ice, all SRA activities will be cancelled for that day. This would also be true if school is dismissed early due to poor weather.

When it snows on the weekend, check the SRA voice mail at 610 - 715 - 0647 or the web site for the notice of cancellation.

www.SwarthmoreRecreation.org

WINTER 2017-18 BASKETBALL REGISTRATION DATES

Basketball Registration runs 10/26 - 11/18

Late Fee of \$25 after November 18
Approval by Commissioner is required.

SRA NEW YEAR'S DAY RACE



New Year's Day, Monday, **January 1, 2018**
Registration 9:00 am 5K Race 10:30 am

The race will be held rain or snow.
Swarthmore College Field House

In the event of rain or snow, the kids' races will be held in the Swarthmore College Field House on inside track.

Schedule for Race Day:

9:00 - 10:15 Registration: Field House Indoor Track
Check in, sign waiver, get bib / tshirt
10:30 5K Race Start Time Outside Track
11:30 Awards Ceremony
11:45 Kids' Fun Run
Ages 2 - 4 half lap race
Ages 5 - 7 half lap race
Ages 8 - 10 full lap race
Ages 11 - 13 full lap race

Children will need to be registered and ready to go at 11:45 right after the Awards Ceremony ends. We will organize the children by age groups starting with the youngest first and working up to the older runners.

Kids Fun Run Races are FREE!

Prizes: Overall winner male and female, age groups, medals to first and second place winners.

Registration will be through Run The Day Website at

<https://www.runtheday.com/register/detail/sra-new-years-day-5k3>

Long sleeved tech shirt to all preregistered 5K runners.

Information for online registration will be located on the main page of our SwarthmoreRecreation.org website.

Online Early Registration Fee: \$25 5K Race

Race Day Registration is \$30 for 5K Race

Family Maximum Fee: \$100

INDOOR SOCCER

Saturday, **January 6** thru February 24 (not 2/17)
Swarthmore-Rutledge School Gym
U-K Soccer clinics and games.

Hardwood floor gym - sneakers, no cleats.
Shin guards recommended.

Limited to 35 children per group.

Must turn 4yrs. old by February 28, 2018

Group I	Pre-K	ages 4-5	8:30 - 9:30 a.m.
Group II	Girls	ages 6-7-8	9:30 - 10:30 a.m.
Group III	Boys	ages 6-7-8	10:30 - 11:30 a.m.

Director: Terry Lynch terence.lynch@gmail.com
Cell phone: 610-745-1529

Registration Fee: \$90

To register, SRA is using TeamSnap now. Please use this link to go to Swarthmore Soccer for the Winter Indoor Soccer ages 4-8 program.

<https://go.teamsnap.com/forms/93315>

Registration ends on 1/4/2018

WOMEN'S INDOOR SOCCER PICK UP

Thursday, **January 4** thru February 22 Eight Sessions
CADES Lower Gym, 6:30 - 8:00 p.m.
Eight sessions for pick up. Beginners welcome.
Coordinators: Mary McTernan 610-543-5682
Contact Linda McCullough on how to register.

Registration Fee: \$30

Luminaria Walking Tour

Meet at the Borough Hall Amphitheater at 5:30 pm on January 1st for a thirty minute guided stroll through the luminaria lined streets in Swarthmore. This free event welcomes all generations to begin the New Year with feeling of peace, beauty and good cheer.

The Luminaria fundraiser supports ABC Strath Haven and other scholars in the Wallingford School District. For more information email luminariasupport@abcstrathhaven.com

SRA BOARD MEMBERS

Jean Steinke - President
Monica Kruse - Vice President
Bob Dawes - Secretary
Dave Caputo - Treasurer
Kevin Barth
Amy Green Brown
Gary Prugh
Jennifer Rothman
Rebecca Ball
Julie Feinberg
Bill Lawson
Kevin Newsome